

Walthamstow Academy - Year 11 Curriculum Experience GCSE PE

Term	PE Curriculum Content	Assessment(s)	Extra-Curricular Options <i>(Places to visit; videos; wider reading; clubs to join)</i>
Year 11 HT1	<p><u>PE GCSE</u> <u>Applied anatomy and physiology</u></p> <ul style="list-style-type: none"> • Pathways of air and gaseous exchange • Blood vessels • Cardiac output & stroke volume • Structure of the heart • Cardiac cycle (pathway of blood and redistribution) • Mechanics of breathing <p><u>PE Core</u> <u>Pathway 1</u></p> <ul style="list-style-type: none"> • Football • Rugby • Basketball <p><u>Pathway 2</u></p> <ul style="list-style-type: none"> • Boxercise • Yoga <p><u>Pathway 3</u></p> <ul style="list-style-type: none"> • Trampolining • Handball • Table Tennis 	<p>PE GCSE – Paper 2 PPE, 75mins (78 marks), November</p>	<ul style="list-style-type: none"> • Boys and girls football • Girls netball • Table Tennis team • Cross Country squad
Year 11			<ul style="list-style-type: none"> • Boys and girls football

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<p>HT2</p>	<p><u>PE GCSE</u> <u>Socio-cultural influences</u></p> <ul style="list-style-type: none"> • Engagement patterns and factors affecting them • Commercialisation. sponsorship and media • Positive and negative impacts of sponsorship and media <p><u>PE Core</u> <u>Pathway 1</u></p> <ul style="list-style-type: none"> • Football • Rugby • Basketball <p><u>Pathway 2</u></p> <ul style="list-style-type: none"> • Boxercise • Yoga <p><u>Pathway 3</u></p> <ul style="list-style-type: none"> • Trampolining • Handball • Table Tennis 		<ul style="list-style-type: none"> • Girls netball • Boys and girls basketball • Indoor athletics • Badminton squad • Indoor girls cricket • Boys and girls Handball
<p>Year 11 HT3</p>	<p><u>PE GCSE</u> <u>Revision Paper 1</u></p> <ul style="list-style-type: none"> • Paper 1 - Applied anatomy and physiology • Paper 1 – Physical training • Movement analysis 	<p>PE GCSE – Paper 1 PPE, 75mins (78 marks), February</p>	<ul style="list-style-type: none"> • Boys and girls basketball • Indoor athletics • Boys and girls Handball • Trampoline squad

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	<p>PE Core</p> <p><u>Pathway 1</u></p> <ul style="list-style-type: none"> • Handball • Table Tennis • Football <p><u>Pathway 2</u></p> <ul style="list-style-type: none"> • Pilates • Fitness <p><u>Pathway 3</u></p> <ul style="list-style-type: none"> • Softball • Danish Longball 		
<p>Year 11 HT4</p>	<p>PE GCSE</p> <p><u>Revision Paper 1</u></p> <ul style="list-style-type: none"> • Applied anatomy and physiology • Physical training • Movement analysis <p>PE Core</p> <p><u>Pathway 1</u></p> <ul style="list-style-type: none"> • Handball • Table Tennis • Football <p><u>Pathway 2</u></p> <ul style="list-style-type: none"> • Pilates 		

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	<ul style="list-style-type: none">• Fitness <p><u>Pathway 3</u></p> <ul style="list-style-type: none">• Softball• Danish Longball
Year 11 HT5	<p><u>PE GCSE</u></p> <p><u>Revision Paper 2</u></p> <ul style="list-style-type: none">• Health and Fitness• Socio-cultural influences• Data analysis• <p><u>PE Core</u></p> <p><u>Pathway 1</u></p> <ul style="list-style-type: none">• Athletics <p><u>Pathway 2</u></p> <ul style="list-style-type: none">• Trampoline• Samba <p><u>Pathway 3</u></p> <ul style="list-style-type: none">• Ultimate Frisbee• Diamond Cricket• Rounders