

Sport BTEC

Exam board: Edexcel

Entry requirements: 5 in English GCSE, 5 in Maths GCSE. A grade 6 in PE GCSE or Merit in BTEC Sport level 2 is desired
Diploma (Double award) or Extended Diploma (Triple award)

Subject Content

All triple award units; D = Double award unit

- Unit 1: Anatomy and Physiology (D)
- Unit 2: Fitness Training and Programming for Health, Sport and Well-being (D)
- Unit 3: Professional Development in the Sports Industry (D)
- Unit 4: Sports Leadership (D)
- Unit 7: Practical Sports Performance
- Unit 8: Coaching for Performance
- Unit 9: Research Methods in Sport
- Unit 19: Development and Provision of Sport and Physical Activity
- Unit 22: Investigating Business in the Sport and Active Leisure Industry (D)
- Unit 23: Skill Acquisition in Sport. (D)

Optional units – (Triple award = 6 units; Double award = 4 units)

- Unit 6. Sports Psychology
- Unit 10. Sports event organisation
- Unit 24. Sports performance analysis
- Unit 25. Rules, regulations and officiating in sport
- Unit 26. Technical and tactical demands of sport
- Unit 30. Exercise, health and leisure

Progression/career opportunities:

Learners looking to study BTEC Diploma (Double award) or Extended Diploma (Triple award) should be looking to progress into careers in the sport, leisure or fitness industries.

Learners can progress to higher education on full degree single or combined courses, for example:

- BA (Hons) in Sports Development and Management
- BSc (Hons) in Sports Management
- BSc (Hons) Sports Business Management
- BSc (Hons) Sport and Leisure Management
- BSc (Hons) Sports Science (Outdoor Activities)
- BSc (Hons) in Exercise, Health and Fitness
- BSc (Hons) in Sport and Exercise Psychology.

Learners should always check the entry requirements for degree programmes with the specific higher education providers.

Skills gained and enrichment opportunities:

BTEC Nationals provide a vocational context in which learners can develop the knowledge and skills required for particular degree courses, including:

- reading technical texts
- effective writing
- analytical skills
- creative development
- preparation for assessment methods used in degrees

Assessments

The course is both internally and externally assessed through coursework and examinations.

For the double award the grades are the equivalent of two A level grades in terms of UCAS points (i.e Distinction*/Distinction* = 112 UCAS points, which is the same as 2 A*s at A Level).

For the triple award the grades are the equivalent of three A level grades in terms of UCAS points (i.e Distinction*/Distinction*/ Distinction = 160 UCAS points, which is the same as 2 A*s and an A at A Level).

Further information:

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