

# Physical Education A Level

Exam Board: AQA

Entry Requirements: GCSE Grade 6 in PE

## Units Studied in Year 12

Section A: Anatomy and Physiology

Section B: Skill Acquisition

Section C: Sport and Society

Practical Performance

## Units Studied in Year 13

Section A: Physiology and Biomechanics

Section B: Sport Psychology

Section C: Sport, Society and Technology

Practical Performance

## Assessments

**Paper 1** – Factors Affecting Participation, 35% of grade, 2 hour exam. Section A: Anatomy and Physiology; Section B: Skill Acquisition; Section C: Sport and Society

**Paper 2** – Factors Affecting Optimal Performance, 35% of grade, 2 hour exam. Section A: Physiology and Biomechanics; Section B: Sport Psychology; Section C: Sport, Society and Technology

**Practical Performance** – 30% of grade

- Assessed as a performer or coach in a full sided version of one activity
- Written analysis of performance



## Skills gained and enrichment opportunities:

Students will gain a broader knowledge of sport and exercise as well as the factors affecting both. This is the perfect step up from GCSE PE and BTEC Sport to stretch and expand awareness of every day sporting issues

## Progression/career opportunities:

This course will enable students to progress to higher education courses at university as well as jobs in a range of areas including sport science, sport psychology, physiotherapy, sports journalism, sports analysis amongst others.

## Further information:

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