





Lunch Menu








This Menu is available on the following weeks, date commencing; 23rd November, 14th December

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 50% Plant based Beef Bolognaise	 Marinated Chicken Pieces Turmeric Rice	 Breaded Fish Lemon Tartare sauce	 Chicken Madras	Marinated Chicken with Plain/ Jollof/ Rice and Peas or Roast Potato with Gravy
	Lentil Ragou in a rich tomato sauce Spaghetti Garlic Slice Sweetcorn	Spicy Bean Burger Sweet Chilli Sauce Roast Carrots	Fajita Spiced Vegetable Tacos Chips, Peas	Mughlai Vegetable Korma White Rice Mixed Vegetables	Macaroni and Cheese  Broccoli
Pizza Market Pasta Kitchen		Authentic Sauces served daily with Pasta or Noodles Pizza Slices			
Dessert	Chocolate & Mandarin Brownie	Peach Upside down cake	Toffee Apple Crumble	Lemon Drizzle	Jam & Coconut Sponge

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

Lunch Menu


This Menu is available on the following weeks, date commencing; 30th November, 21st December

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 Chinese Chicken	 Flavoured Chicken Strips Falafels	 Breaded Fish Lemon Tartare sauce	 Chicken Tikka Mughlai Chickpea & Lentil Dahl	Marinated Chicken with Rice and Peas Macaroni and Cheese
Vegetarian Main Meal	Stir Fry Vegetables Street Noodles Street Noodles Sweetcorn	With Rice Slaw	Tomato and Onion Quiche Wedges, Peas	White Rice Broccoli	 Steamed Carrots
Pizza Market Pasta Kitchen		Authentic Sauces served daily with Pasta, or Noodles Pizza Slices			
Dessert	Chocolate & Apple Cake	Banana Cake	Berry Crumble Cake	Carrot Sponge	American Pancakes

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.

Lunch Menu

This Menu is available on the following weeks, date commencing: 7th December, 28th December

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	 50% Plant Base Beef Lasagne	 Chilli Chicken Vegetables Burrito	 Breaded Fish Lemon Tartare sauce	 Chicken Curry Vegetable Curry	Marinated Chicken with Rice Macaroni and Cheese
Vegetarian Main Meal	Vegetable Lasagne Herby Diced Potatoes	Citrus Rice Sweetcorn	Sweet Chilli Street Noodles Chips Peas	White Rice Mixed Vegetables	 Broccoli
Pizza Market Pasta Kitchen	 Authentic Sauces served daily with Pasta Or Noodles Pizza Slices				
Dessert	Eves Pudding	Warm Pancake with Red Cherry Sauce	Wholemeal Apple & Cinnamon Crumble	Chocolate Sponge	Ice Cream

A daily selection of fresh Grab &Go items are also available. Some dishes may vary and are subject to availability.