

Student Bulletin

Week Beginning 29 September 2025



Walthamstow Academy

The best in everyone™

Part of United Learning

AMBITION

DETERMINATION

RESPECT

Theme and Thought of the Week

Theme of the Week: Respect

Thought of the Week: "We all require and want respect. It's our basic human right" Aretha Franklin

No act of kindness,
NO MATTER HOW SMALL,
is ever wasted.

Aesop



DEFINITION

Respect:

Showing acceptance and understanding of someone else and their thoughts, feelings and rights

Community:

A group of people who have things in common. This could be: living in the same area; have similar views; being part of the same religious group

Tolerance:

willingness to accept feelings, habits, or beliefs that are different from your own



Respect



...for ourselves and others in all that we do.

We show Respect when we:

- Value, embrace and celebrate differences
- Demonstrate good manners and are considerate to each other and our environment
- Show empathy and are kind

How have you shown respect so far, this half-term?

Lunch Rota

Time	Wc/Sept 29	Wc/Oct 6	Wc/Oct 13	Wc/ Oct 20
12.20 to 12.25	Year 9	Year 8	Year 7	Year 11
12.25 to 12.30	Year 10	Year 7	Year 8	Year 7
12.30 to 12.35	Year 7	Year 10	Year 9	Year 8
12.35 to 12.40	Year 11	Year 11	Year 10	Year 9
12.40 to 12.45	Year 8	Year 9	Year 11	Year 10

AMBITION

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Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Halal Chicken Curry with Rice  	Halal Minced Beef Cottage Pie  	Sustainably Sourced Battered Fish & Chips 	Halal Beef Meatballs with cheese & arrabbiata sauce with Penna Pasta  	Halal BBQ Chicken Drumstick with rice or Fries  
MEAT FREE	Vegetable Korma & Mixed Rice (Ve) 	Cauliflower and Cheese Bake (V)  	Cheese & Tomato Pizza & Chips (V)  	Shepherdess Pie   	Classic Mac 'n' Cheese, Cheesy Herb Crumb (V)  
GRAB & GO	Halal Pepperoni & Cheese Panini   	Halal Spicy Chicken Drumstick with Cajun wedges 	Vegan Sausage Roll 	Popcorn Chicken and Wedges 	Halal Pepperoni Pizza  
PET 'N' TASTY	Pasta of the day  	Pasta of the day   	Pasta of the day 	Pasta of the day  	Pasta of the day 
SIDES	Baked Beans    Green Beans Garden Salad	Baked Beans    Sweetcorn & Carrots  Garden Salad	Baked Beans    Peas  Garden Salad	Baked Beans    Seasonal Mixed vegetables  Garden Salad	Baked Beans Coleslaw    Peas  Garden Salad
TODAY'S DESSERTS	Lemon drizzle cake & Custard 	Pineapple Upside Down Cake & Custard 	Baked Vanilla Sponge & Custard 	Fruit Crumble & Custard 	Eves Pudding & Custard 

(V) Vegetarian

(Ve) vegan



*Subject to change due to deliveries

Throughout October we are proud to be celebrating Black History Month UK 2025 at Walthamstow Academy.

This will involve education in tutor time lessons each week focused on key figures in Black British history, a poetry slam in the library, celebrating different cultures food each day in the canteen, competitions and culminating in the Cultural Gala in November.

This year's theme is “standing firm in **power** and **pride**”, a powerful tribute to the resilience, strength, creativity and unwavering commitment to progress that defines the Black community across the globe.



Do you have a TALENT? Do you like to dance/sing/perform?



We would love for you to be part of the **CULTURAL GALA!!**

Sign up on Satchel One



Auditions: Thursday
2nd October (DR2) at 3.20pm

Speak to Ms St Louis/
Miss Vitalis
if you have any questions

What is the Pupil Charter?

The United Learning Pupil Charter sets out the extra and super-curricular opportunities which play a significant role in developing young people's character which we believe all children should experience.

The Pupil Charter is split into five key elements:

- Extra-curricular clubs
- Leadership
- Public Speaking
- Volunteering
- Trips and visits



The Pupil Charter

In Key Stage 3, all students will:

1. Have the opportunity to represent the school in a sporting, cultural or academic event.
2. Have the opportunity to perform in a class production to an audience.
3. Watch a theatre production.
4. Volunteer time to serve the local community.
5. Have the opportunity to stay away from home and bond with classmates on a residential.
6. Have the opportunity to demonstrate leadership.
7. Deliver a presentation to an audience.
8. Celebrate people, cultures and cuisine from a foreign country.
9. Visit a Top Third university.



Don't forget to share your successes with your tutor and head of year.
There will be rewards for excellent contribution to the charter at the end of this term.

The Pupil Charter

In Key Stage 4, all students will:

1. Watch a live professional performance, production, sporting or cultural event.
2. Volunteer time to serve the local community.
3. Demonstrate leadership to the wider school.
4. Apply for or elect students to senior leadership positions.
5. Deliver a presentation to an audience.
6. Experience a professional workplace.
7. Visit a Top Third university (if not possible in KS3).



Don't forget to share your successes with your tutor and head of year.
There will be rewards for excellent contribution to the charter at the end of this term.

The Pupil Charter

In Key Stage 5, all students will:

1. Deliver a presentation to an audience.
2. Experience a professional workplace.
3. Visit a Russell Group university OR an apprenticeship provider.
4. Apply for or elect students to senior leadership positions.



Don't forget to share your successes with your tutor and head of year.
There will be rewards for excellent contribution to the charter at the end of this term.

STORM KING'S THUNDER™



Dungeons and Dragons

- Who: Year 7-11
- What: DnD Campaign
- When: Monday after school starting Oct. 6
- Where: EN1
- How: Sign up on Arbor (see Mr. Russell for any questions)
- Why: Telling stories and solving problems with math rocks is fun!!

Friday 17 October - Activities Day 2

At Walthamstow Academy we love providing students with extra-curricular opportunities and so we hold four Activities Days across the course of each academic year.

Our Activities Days are an important part of our Education with Character offer; every student in Y7-10 and Y12 visits Central London, a theme park and has a Work-Related Learning/ PSHE Drop Down Day across the course of the year and therefore has an opportunity complete the activities on their Pupil Charter.

Date 2025- 26	Y7	Y8	Y9	Y10	Y11	Y12	Y13
17 October	WRL and PSHE drop down day	Chessington	Flip Out E6	London dungeons or Bowling	Drop down day - revision	WRL and PSHE drop down day	Drop down day



Psychology - Year 11 lunchtime intervention

Beginning Monday 29 September for 4 weeks.

When: Monday afternoon.

Where: Lspace

Duration: 30 minutes - 2nd half of lunch.

You know who you are !

Parents have been informed so I expect to see you :)

Ms Obrien



ARTIST OF THE WEEK!

Well done **Aziza Q 9C** for using multiple mediums and achieving a fantastic outcome!

Sparx Reader

Year 7 SUPERSPARX stars!

1. Arya B
2. Cinar A
3. Zara A

Year 8 SUPERSPARX stars!

1. Blessing A
2. Aruna D
3. Nicola K

Year 9 SUPERSPARX stars!

1. Sade O
2. Prince O
3. Aisha A



Sparx Reader

WANT TO BE A SPARX READER LEADER?

WANT TO BE AN SRP SUPERSTAR?

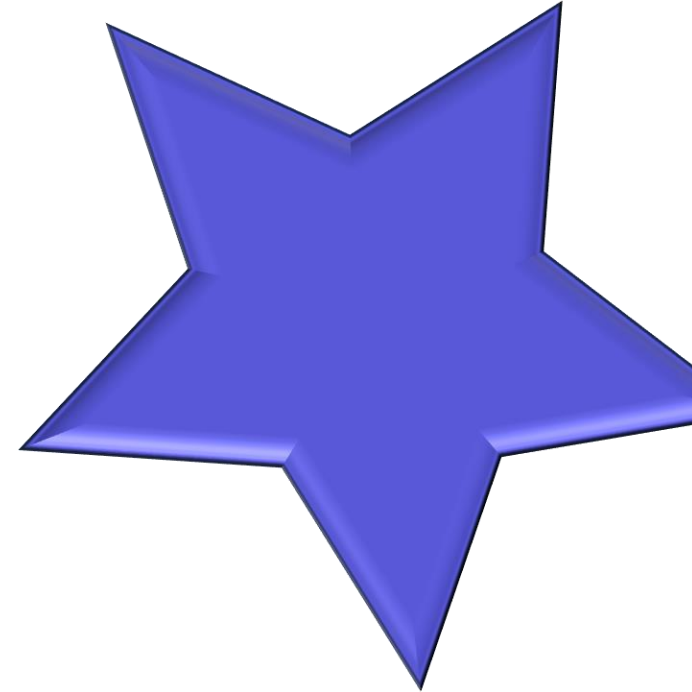
OR MAYBE YOU JUST NEED SOME HELPFUL SPARX SUPPORT?

JOIN US

SPARX READER LUNCHTIME CLUB

WEDNESDAY AT 12:30

EN3 – MS KRAEMER'S ROOM



Geography in the news

Everything has to
do with geography.

Years
7-10



China makes landmark pledge to cut its climate emissions

China, an NEE and the biggest source of greenhouse gases, has committed to cut carbon emissions by 7-8% over the next 10 years. **How might they cut emissions and what impact could it have on development?** [Link](#)

South East hosepipe ban under 'constant review'

Year
11



1.4 million people in SE England could be under a hosepipe/sprinkler ban as demand for water hits 'record levels'. **Will a possible £1,000 fine stop people and what could be done instead to bridge the supply/demand gap?** [Link](#)

Discuss any extra reading/watching with your Geography teacher for P1s and P2s.

Being lesson ready



1. Be on time, be smart and sit in silence
2. Have all your equipment and homework
3. Follow all instructions the first time
4. Be polite and kind to all
5. When you work hard it helps others to learn
6. Engage with all parts of the lesson

Puzzles to Stretch your Thinking...

Each square in the grid below contains the number 1, 2, 3 or is left blank.

1. There is exactly one blank in each row or column
2. Totals for each row or column are indicated
3. There is an equal number of 1s, 2s and 3s

	2			4
			3	9
1				6
				5
5	7	7	5	

No winners
last week!

Challenge yourself by having ago at
these puzzles!

Think you know the answer?
Email Miss Vitalis your answer – prizes
to be won!

devon.vitalis@walthamstow-academy.org